



**POLICY FOR PERSONAL, SOCIAL, HEALTH EDUCATION
(PSHE), CITIZENSHIP AND SEAL**

Introduction

PSHE/SEAL and Citizenship is an integral part of school life and as a result great value is attached to it. This policy outlines the purpose, nature and management of PSHE/SEAL and Citizenship carried out in our school. The school policy for PSHE/SEAL and Citizenship reflects the consensus opinion of the whole teaching staff and has the support and agreement of the Governing Body. In writing this policy, local PSHE/SEAL and Citizenship advisors, governors, parents and staff were consulted.

This policy confirms the guidelines for this subject at Key Stages 1 and 2, and takes into consideration the school's participation in a healthy lifestyle.

In the Foundation Stage PSHE/SEAL and Citizenship is taught through the area of Personal, Social and Emotional Development, knowledge and Understanding of the world.

SEAL (Social, Emotional Aspects of Learning)

SEAL has been implemented in our school since the academic year 2008/09. As a whole school we feel that pupils, governors, staff and parents have helped and have contributed to the school having a more confident and positive approach to deal with their own and others Social and Emotional issues. We feel this links in with the ethos of what Monkshouse School promotes.

We will endeavour to do this through links to the curriculum as with PSHEE (not as a stand alone subject) working together, sharing ideas and celebrating our achievements during collective worship at the end of each SEAL theme.

There are seven themes within SEAL:

- New beginnings
- Getting on and Falling out
- Say 'no' to bullying
- Going for Goals
- Good to be Me
- Relationships
- Changes

Each theme will be carried out on a fortnightly timetable through assembly and it will also be included within the school curriculum.

An information board for pupils, staff and parents is located next to the school office where a variety of leaflets and helplines are available for all to access.

Each theme will be displayed showing relevant stories related to the themes.

The Nature of PSHE/SEAL and Citizenship

Throughout PSHE/SEAL and Citizenship pupils are given opportunities to develop their personal, spiritual and moral values and become active citizens. It should prepare all pupils for the opportunities, responsibilities and experiences of life. At Monkshouse Primary School, we endeavour to encourage all children and staff to thrive, achieve their maximum potential, and become valued members of the school and wider community. We will provide, in partnership with parents, Governors and community members, a caring, supportive environment in which respect for individuals and for each other will be encouraged. This is reflected in this PSHE/SEAL and Citizenship policy.

The school council enhances the role of citizenship among the children and contributes greatly to the day-to-day life of the school.

The routine teaching of health education as an area of PSHE/SEAL and Citizenship is largely covered within the National Curriculum and includes SRE and puberty in Year 6 or where appropriate Year 5. Medium Term Planning reflects the National Curriculum non-statutory guidelines.

Entitlement

PSHE/SEAL and Citizenship covers the moral, spiritual, personal and physical development of every child and as such underpins all teaching and social activities within the school environment. All children have an entitlement to receive guidance in every aspect of the PSHE/SEAL and Citizenship programme.

Implementation

The implementation of PSHE/SEAL and Citizenship is monitored through observation, pupil interviews, planning scrutiny and pupil surveys. All staff who attend weekly staff meetings are updated on all PSHE/SEAL issues and are kept up to date with new resources and initiatives. These are some of the areas that are covered within the PSHE scheme of work.

- Sex and Relationships
- Citizenship
- Drugs
- Alcohol and Tobacco
- Emotional and Well Being
- Safety
- Physical Activity

- Healthy Eating

School Council

All children have the right to have the opportunity to be elected and vote for the School Council. As part of the School Council children will have their opinions listened to. Ideas and requests will go forward for consultation and will be acted on if possible. The School Council will feedback information to the rest of the school.

Eco School

Children will have the right to be elected and vote for the Eco Team. They will be responsible for helping to keep our school eco friendly and to attain the green flag award.

Entitlement

There are many opportunities to teach PSHEE/SEAL and Citizenship through other subjects as well as stand alone lessons:

- In Literacy- speaking and listening skills, persuasive writing on real issues, awareness of other cultures and values.
- In Numeracy – solving problems involving money- budgeting.
- In Science- sustainability of the environment, animal and plant cycles, keeping healthy
- In ICT- research using the internet, developing awareness of a global outlook
- In DT- food safety and hygiene, planned and careful use of resources.
- In History- the social, cultural, ethnic and religious diversities of societies.
- In Geography- environmental issues and impacts.
- In Art and Music- awareness of a range of cultural and social influences on the expressive arts.
- In RE- awareness of beliefs and value systems
- In PE- development of teamwork, support, self- awareness, ability to listen to instructions and to recognise the need for rules.

PSHE/SEAL and Citizenship is also delivered outside the curriculum in many different aspects of school life; assemblies, school trips, visitors to the school, summer fairs, healthy snacks etc.

SRE

All children have an entitlement to receive guidance in every aspect of Sex and Relationships. However, we also recognise that some parents may not wish their children to participate in some aspects of this work e.g. puberty and have the right to withdraw them.

Delivery

Learning in the form of discussion, role-play, group work and whole-class teaching is experienced in each class. Circle-time is a tool used to encourage reflection and discuss different opinions. There is a wide variety of resources, (books, DVD's and tactile objects) in the PPA room for all staff to access. Children are taught in their normal class group. Issues raised in the school council are brought to the class by their nominated representatives, where they can be discussed further. The school nurse visits on occasions and local agencies such as the police or fire brigade may give talks or workshops.

Confidentiality

PSHE/SEAL and Citizenship is an integral part of school life and it is essential that children feel secure and safe during these sessions. Consequently, children are given the opportunity to 'pass' during circle time or class discussions, they may write their ideas or simply listen to others. Children are encouraged to respect each other's thoughts and opinions. However, complete confidentiality cannot be guaranteed. If a child's welfare, health or safety seems to be at risk it may be necessary to talk to the Head teacher, SENCO or PSHE/SEAL and Citizenship coordinator or outside agencies.

Special Needs

Opportunities will be made for children to work at their level of ability. Activities will be adapted to meet the needs of children with SEN including further challenge for the more able. The school's speech and language unit has its own circle-time sessions to support those which take place in the children's mainstream classes.

Assessment and Monitoring

Planning is regularly monitored by the PSHE/SEAL and Citizenship coordinator. Class teachers undertake individual informal assessments, in line with the school policy. To ascertain a child's knowledge and understanding children are also assessed informally through their development of skills and attitudes; how well they participate in-group activities, making decisions, promoting positive relationships etc. PSHE/SEAL and Citizenship coordinator collects samples of children's work, and observes teaching.

Peer Mediation

A group of children are trained to help their peers deal with minor playground issues. They understand the need for confidentiality and also learn to be understanding towards others. This is a key role to help develop sensitivity, caring and diplomacy.

Signed _____ Chair of Governors Date:

_____ Headteacher Date: