



PERSONAL, SOCIAL, HEALTH EDUCATION (PSHE), CITIZENSHIP AND SEAL POLICY

Review Date: September 2020

Introduction

PSHE/SEAL and Citizenship is an integral part of school life and as a result great value is attached to it. This policy outlines the purpose, nature and management of PSHE/SEAL and Citizenship carried out in our school. The school policy for PSHE/SEAL and Citizenship reflects the consensus opinion of the whole teaching staff and has the support and agreement of the Governing Body.

This policy confirms the guidelines for this subject at Key Stages 1 and 2, and takes into consideration the school's participation in a healthy lifestyle.

In the Foundation Stage PSHE/SEAL and Citizenship is taught through the areas of Personal, Social and Emotional Development and Understanding the World.

Aims

Through our PSHE curriculum, we aim that our pupils will:

- Develop spiritually, morally, socially and culturally;
- Develop self-confidence and self-responsibility;
- Value themselves and others;
- Acknowledge and appreciate difference and diversity;
- Be independent, responsible and active members of the school and the local community;
- Learn to make informed choices;
- Be prepared to be positive and active members of a democratic society;
- Understand what constitutes a safe and healthy lifestyle;
- Develop the ability to form good relationships;
- Understand and manage their emotions;
- Have opportunities to consider issues which may affect their own lives and/or the lives of others.

SEAL (Social, Emotional Aspects of Learning)

SEAL has been implemented in our school since the academic year 2008/09. As a whole school we feel that we have developed a more confident and positive approach to the way children deal with their own and others' social and emotional issues. This links in with the ethos of Monkshouse School.

SEAL links to the curriculum as with PSHE (not as a stand alone subject) working together, sharing ideas and celebrating our achievements during collective worship at the end of each SEAL theme.

There are seven themes within SEAL:

- New beginnings

- Getting on and Falling out
- Say 'no' to bullying
- Going for Goals
- Good to be Me
- Relationships
- Changes

Each theme will be carried out on a fortnightly timetable through assembly and it will also be included within the school curriculum.

An information board for pupils, staff and parents is located in the corridor leading to Key Stage 1 and is displayed showing relevant stories related to the themes and pupils with specific roles.

Each theme will be displayed showing relevant stories related to the themes.

The Nature of PSHE/SEAL and Citizenship

Throughout PSHE/SEAL and Citizenship pupils are given opportunities to develop their personal, spiritual and moral values and become active citizens. It should prepare all pupils for the opportunities, responsibilities and experiences of life. At Monkshouse Primary School, we endeavour to encourage all children and staff to thrive, achieve their maximum potential, and become valued members of the school and wider community. We will provide, in partnership with parents, Governors and community members, a caring, supportive environment in which respect for individuals and for each other will be encouraged. This is reflected in this PSHE/SEAL and Citizenship policy.

The school council enhances the role of citizenship among the children and contributes greatly to the day-to-day life of the school.

The routine teaching of health education as an area of PSHE/SEAL and Citizenship is largely covered within the National Curriculum and includes SRE and puberty in Year 6 or where appropriate Year 5. Medium Term Planning reflects the National Curriculum non-statutory guidelines.

Entitlement

PSHE/SEAL and Citizenship covers the moral, spiritual, personal and physical development of every child and as such underpins all teaching and social activities within the school environment. All children have an entitlement to receive guidance in every aspect of the PSHE/SEAL and Citizenship programme.

Implementation

The implementation of PSHE/SEAL and Citizenship is monitored through observation, pupil interviews, planning scrutiny and pupil surveys. All staff who attend weekly staff meetings are updated on all PSHE/SEAL issues and are kept up to date with new resources and initiatives. These are some of the areas that are covered within the PSHE scheme of work.

- Sex and Relationships
- Citizenship – Democracy - Economics
- Drugs
- Alcohol and Tobacco
- Emotional and Well Being

- Safety
- Physical Activity
- Healthy Eating

School Council

All children have the right to have the opportunity to be elected and vote for the School Council. As part of the School Council children will have their opinions listened to. Ideas and requests will go forward for consultation and will be acted on if possible. The School Council will feedback information to the rest of the school.

School and British Values

Much of the teaching and learning in PSHE and SEAL links closely to the school and British values.

Eco School

Children will have the right to apply to become an Eco Warrior. They will be responsible for helping to keep our school eco-friendly and to maintain the green flag award.

Living Streets

Events and evidence are inputted on a computer system relating to our Travel Plan. WOW, Walk to school month, Bling your bike day, Balance ability are just a few examples of events that take place over the academic year. The Bronze award has been achieved; Silver and Gold are to follow.

Cross Curricular Links

In school, we provide many opportunities to promote pupils' personal and social development through the curriculum, including: New beginnings, personal health (physical and mental), e-safety, financial education, sex and relationship education.

Outside of the main curriculum the following add value to PSHE within the wider school context:

- Core and foundation subjects
- Assemblies (house and whole school)
- House activities
- School council elections
- Charity events and fundraising
- Cross-curricular projects
- Peer Mediators
- Guest speakers
- Digital Leaders
- Drawing and Talking therapy
- FRIENDS programme
- Mindfulness (as of 2018)
- Peer support in school
- Whole school events
- Sports events
- Sports captains for each house
- School publications (e-safety newsletter)

SRE

All children have an entitlement to receive guidance in every aspect of Sex and Relationships. However, we also recognise that some parents may not wish their children to participate in some aspects of this work e.g. puberty and have the right to withdraw them.

Delivery

Learning in the form of discussion, role-play, group work and whole-class teaching is experienced in each class. Circle-time is a tool used to encourage reflection and discuss different opinions. There is a wide variety of resources, (books, DVD's and tactile objects) in the PPA room for all staff to access. Children are taught in their normal class group. Issues raised in the school council are brought to the class by their nominated representatives, where they can be discussed further. Local agencies such as the police or fire brigade may give talks or workshops.

Confidentiality

PSHE/SEAL and Citizenship is an integral part of school life and it is essential that children feel secure and safe during these sessions. Consequently, children are given the opportunity to 'pass' during circle time or class discussions, they may write their ideas or simply listen to others. Children are encouraged to respect each other's thoughts and opinions. However, complete confidentiality cannot be guaranteed. If a child's welfare, health or safety seems to be at risk it may be necessary to talk to the Head teacher, SENCO or PSHE/SEAL and Citizenship coordinator or outside agencies.

Special Needs

Opportunities will be made for children to work at their level of ability. Activities will be adapted to meet the needs of children with SEN including further challenge for the more able.

Assessment and Monitoring

Monitoring is conducted by the co-ordinators following the school programme which includes; lesson observations, planning and book scrutinies, learning walks and discussion with the pupils. Class teachers undertake individual informal assessments, in line with the school policy using Scholar Pack. To ascertain a child's knowledge and understanding children are also assessed informally through their development of skills and attitudes; how well they participate in-group activities, making decisions, promoting positive relationships etc.

Peer Mediation

A group of children are trained to help their peers deal with minor playground issues. They understand the need for confidentiality and also learn to be understanding towards others. This is a key role to help develop sensitivity, caring and diplomacy.

Signed on behalf of Monkshouse Primary School _____

Date _____